



School of Social Sciences and Humanities (SOSSH)

MSc. PSYCHOLOGY (Counselling) PROGRAMME STRUCTURE-2023

T: 080-25426977 / 6988 M: 7022007674 F: 080-25427840

E: info@cmr.edu.in www.cmr.edu.in

MSc Psychology (Counselling)

I Semester

Course Code	Course	CMRU Category	CMRU Subcategory	UGC Category	School/ Dept.	Contact Hours/ Week	Credit Distribution L-T-P-C
Program Core							
7PSYO512	Basics of Counseling	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYO5011	Theories of Counseling	Foundation	FC	CC	SOSSH	4	4-0-0-4
7PSYO513	Lifespan Development	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYC5031	Biological Foundations of Behavior	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYO505	Research Methodology	Foundation	FC	CC	SOSSH	4	4-0-0-4
7PSYO514	Basic Counseling Skills (Practical)	Foundation	SEC	SEC	SOSSH	4	0-0-2-2
7PSYG505	Academic Writing	Foundation	SEC	SEC	SOSSH	2	2-0-0-2
Common Core							
GCSCD1011	Community Service - I (COS-I) *	CS	-	-	DCCC	2	0-0-1-1*
TOTAL						25	21 + 1*
Common Core (Non-Credit) - Graduate Requirement:							
GPSBD1101/ GPSBD1171/ GPSBA1021	Career Preparedness Program - I (Oral	PS	-	AECC	DCCC	4	GR

	and Written Communication +Career Essentials + Prepare for Aptitude Test - I)						
--	---	--	--	--	--	--	--

**The Community Service-I (COS-I) of 30 hours has to be carried out in the I Semester. The corresponding 1 credit and the CIE will be reflected in the IV Semester.*

II Semester

Course Code	Course	CMRU Category	CMRU Subcategory	UGC Category	School/ Dept.	Contact Hours/ Week	Credit Distribution L-T-P-C
Program Core							
7PSYO515	Positive Psychology	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYO516	Psychological Disorders-1	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYO6131	Counselling in Health Setting	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYO517	Eastern Perspective to Counselling	Foundation	FC	CC	SOSSH	2	2-0-0-2
7PSYO518	Social and Community Psychology	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYO6051	Specialization 1: Educational Counselling	Elective	DSE	DSE	SOSSH	3	3-0-0-3
7PSYO6101	Specialization 2: Mental Health and Counselling at Workplace						
7PSYO519	Psychological Assessments (Practical)	Foundation	SEC	CC	SOSSH	2	0-0-1-1
7PSYO520	Computer Application (practical)	Foundation	SEC	CC	SOSSH	2	0-0-1-1

	IDE		IDE			3	3-0-0-3
Common Core							
GCSCD102 1	Community Service - II (COS- II) *	CS	-	-	DCCC	2	0-0-1-1*
TOTAL						26	22+ 1*
Common Core (Non-Credit) - Graduate Requirement:							
GPSBT1041 / GPSBD118 1/ GPSBA103 1	Career Preparedness Program - II (Design Thinking + Career Effectiveness + Prepare for Aptitude Tests - II)	PS	-	AECC	DCCC	5	GR

**MOOC Credit reflects in III Semester*

**The Community Service-II (COS-II) of 30 hours has to be carried out in the II Semester. The corresponding 1 credit and the CIE will be reflected in the IV Semester.*

III Semester

Course Code	Course	CMRU Category	CMRU Subcategory	UGC Category	School/ Dept.	Contact Hours/ Week	Credit Distribution L-T-P-C
Program Core							
7PSYO601	Psychological Disorders- II	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYO6181	Family and Marital Counselling	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYO602	Psychotherapy	Foundation	FC	CC	SOSSH	2	2-0-0-2
7PSYO6211	Specialisation 3: Rehabilitation Counselling	Elective	DSE	DSE	SOSSH	3	3-0-0-3

7PSYO6061	Specialization 4: Child and Adolescent counselling						
7PSYO6151	Group Counselling	Foundation	FC	CC	SOSSH	3	3-0-0-3
7PSYO603	Counseling Techniques (Practicals)	Foundation	SEC	CC	SOSSH	4	0-0-2-1
	Entrepreneurship	Foundation	IDC		SOM	3	3-0-0-3
7INTS	Internship - I	Foundation	CC	CC	SOSSH	6	0-0-3-3
	MOOC					3	3-0-0-3
TOTAL						30	24
Common Core (Non-Credit) - Graduate Requirement:							
GPSDL1051	Career Preparedness Program - III (Strategy for Self-Management)	PS	-	AECC	DCCC	1	GR

IV Semester

Course Code	Course	CMRU Category	CMRU Subcategory	UGC Category	School/ Dept.	Contact Hours/ Week	Credit Distribution L-T-P-C
Program Core							
7PSYO6041	Multicultural counselling	Foundation	FC	CC	SOSSH	2	2-0-0-2
7PSYO6221	Specialisation 5: Sexual dysfunction and sex therapy	Foundation	DSE	CC	SOSSH	3	3-0-0-3
7PSYO6231	Specialisation 6: Crisis intervention and trauma counselling						

	Behavior Economics		IDC		SOM	3	3-0-0-3
7INTS	Internship -II	Foundation	CC	CC	SOSSH	6	0-0-3-3
7DISS	Dissertation	Foundation	CC	CC	SOSSH	10	0-0-5-5
GCSCD1011	Community Service - I (COS- I) *	CS	-	-	DCCC	-	0-0-1-1*
GCSCD1021	Community Service - II (COS- II) *	CS	-	-	DCCC	-	0-0-1-1*
	Research Publication					1	1-0-0-1
TOTAL						24	19

** The credit of Community Service - I (COS-I) / Community Service - II (COS-II) of 30 hours each that was carried out in the I and II Semesters respectively is reflected in the IV Semester*